

## Sexual Health Education Policy 103.5

All students participating in the 7th Grade Teen Health curriculum have the option of participating in the Sexual Health unit at the end of the semester. Department of Education Sexual Health Education Policy 103.45 guidelines and requirements are followed. At Highlands Intermediate, we follow the approved D.O.E. curriculum called HealthTeacher.com and supplement it with other self-made worksheets to facilitate a better understanding of the content. More information about the approved curriculum can be found at the D.O.E. website: [www.hawaiipublicschools.org](http://www.hawaiipublicschools.org) (search for Sexual Health). The following is an outline of what our 7th graders are exposed to.

### Sexual Health Outline of 7-Day Unit

Day #	Content Covered
1	Adolescence/Puberty - physical, mental/emotional, social changes that occur
2	Male & Female Reproductive System
3	Male & Female Reproductive System continued, fertilization process, fetal development, birth (video)
4	Sexually Transmitted Diseases (STDs) - Types of diseases, effects of STDs, how to prevent (abstinence)
5	Consequences, Decision-Making, Abstinence
6	Review
7	Test